



IN-CUBA

News Bulletin

January 2020

The core of the project is the development of the incubation methodology for projects and ideas for people with intellectual disability ...

The IN-CUBA Methodology

An incubator is an organisation that helps new and start-up companies to develop by providing support services and enabling access to the resources they need. In the context of IN-CUBA however, we can define incubator as a support for the development of projects and ideas... a methodology based on co-production that supports the development of ideas and projects to transform them into enterprises (considered in its widest meaning).

IO3 is the main output of IN-CUBA, and consists in a methodology based on co-production to supports the development of ideas and projects to transform them into enterprises (considered in its widest meaning).

This Output is the result of 3 components:

1. 20%: Inputs from experts and incubators: APEMH, AMPANS, FENACERCI, ARFIE and DeLork, have met with professionals, business incubator and accelerators in order to get inputs and elements to create an incubator addressed to people with ID. All the professionals met provided the partnership with interesting inputs and manifested their will to stay in touch with the partnership.
2. 20%: Results of IO2, Levers and obstacles in the access to entrepreneurship for people with Intellectual Disability. The Report is based on the results of a European survey that tried to approach entrepreneurship for people with intellectual disability. It has been translated in all the project languages and shared within ARFIE network and Partners' networks. More than 50 replies were collected providing the partnership with a comprehensive overview. The survey shows that there is a gap to fill in terms of support in the access to entrepreneurship for people with intellectual disability.
3. 60%: Co-productive Focus Groups have been organised in each country involved to discuss with users, their families, and the community, enterprises and the support that is

needed to set up an activity. APEMH and ARFIE sent a set of guidelines on how to develop the focus groups, what topics should be discussed, and what to look for.

The approach used by CADIAI and OpenGroup to engage with participants by playing and experimenting with the concept of enterprise (The Store of Ideas), and explained during the TPM2, has been followed by all the partners:

1. using post-it, everyone wrote three things he/she knows how to do: I know how to cook, how to sew, to dance, how to use the PC, etc.;
2. the post-it were then attached to a big board called "the store of ideas";
3. Participants were then organised in small groups;
4. Each group decided which company wanted to create and were asked to choose in the "store of ideas" the skills or abilities needed for their project;
5. Each group then named their company;
6. Each group elected a representative who presented the company in the plenary receiving in exchange a seed to put in a jar with earth: the seed of the idea.

Furthermore, the mind-map developed in IO1 has been translated and used as a compass tool in the FGs.

The result of these 3 components is a methodology for incubation divided in 5 steps:

- Enabling, empowering (triggering potential): Prior to initiating the process, it is important to provide relevant information regarding entrepreneurship, and discuss co-productively what means to be entrepreneur. The objective is to provide people with disabilities with information and perspectives able to widen their perspective and increase their self-confidence, proposing a new angle for their self-development where they can see themselves as potential entrepreneurs.
- Collecting, generating and developing ideas: support the generation of ideas, which is

the result of several thoughts and different points of view.

- Idea Development: from idea to practice: it is now time to undertake the path to make them real. Here tools like the BMC adapted might prove very useful.
- Stabilisation: here the focus is on the setting-up of a clear and effective organization in which everyone has a task in line with his/her resources/skills and the product that should be developed.
- Feasibility, Impact, Evaluation: It is important to make sure the development of the project does not impact negatively the life project of the user involved (quality of life). This should be followed by an evaluation of the entrepreneurial project. Finally, a social impact evaluation can help to check the social effects of the entrepreneurial project and integrate the overall evaluation.

The full document can be downloaded [here](#).

The Output has been finalised, but the Methodology is conceived as a working progress and it will be further updated according to the results of the pilot action (IO4) and Evaluation (IO5). It will be also further integrated with 2 elements that will be developed in the next months:

- A report on the activities carried out during the focus groups, which will help other stakeholders to replicate the process;
- Information on how to implement the Methodology in each local dimension: context, legal framework, required partnerships. it will provide stakeholders with important information for the transferability of the Methodology.

Now it is time to focus on the testing of the Methodology. Each partner has developed a detailed plan for the pilots and their evaluation...

Stay tuned to know more!

SAVE *the* DATE



Wednesday, 4th March 2020

9:00-16:30

Dissemination event project InCuba

Disability and Entrepreneurship: what possibilities,
what methodologies for the incubation of ideas?



Co-funded by the
Erasmus+ Programme
of the European Union



TARGETED AUDIENCE

Professionals of the social sector and of the social economy, academics, Service providers, incubators, users and families association, and also local policy makers.



VENUE

CEFOS
12, rue du Château
L-5516 Remich
Luxembourg



OBJECTIVE OF THE DAY

The aim of the conference is to present and discuss Disability and Entrepreneurship through the initiatives carried out within the IN-CUBA Project and foster exchanges between all the stakeholders involved: organisations from the social sector, incubators, educators, users, representative of the public sector...



ADDITIONAL INFORMATION

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LANGUAGES OF THE EVENT

French-English (interpretation provided)

REGISTRATION IS FREE OF CHARGES

until **03.03.2020** via the UFEP website at the following link

 bit.ly/2G8FNDC

co-production.eu



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CADIAI
COOPERATIVA SOCIALE



PROGRAM

Dissemination event project InCuba

Disability and Entrepreneurship: what possibilities, what methodologies for the incubation of ideas?



8:30 REGISTRATION

9:00 **Opening and Welcoming speech**

9:30 Presentation of the Project and its objectives

9:45 Presentation of the IN-CUBA Methodology to supports the development of ideas and projects and transform them into enterprises

10:15 Coffee Break

10:30 Round table with a panel of experts from the social sector, the social economy, incubators

12:00 QA

12:30 Lunch

13:30 PARALLELS WORKSHOPS

- **Business Model Canvas:** a key tool in the incubation process
- **Entrepreneurial skills and quality of life:** 2 aspects at the core of the support for people
- **Idea Generation:** which tools are the most appropriate in the context of entrepreneurship for people with intellectual disability?

15:30 Sum-up of the workshops results

16:00 CONCLUSION

16:30 End of the Conference

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IN-CUBA Project Partnership



APEMH Foundation (LU) is the project coordinator. It is APEMH mission to defend rights and interests of people with intellectual disabilities and manage a series of facilities and services that can meet users diverse needs, through an inclusive approach that encourages full participation and self-determination. APEMH has a training unit (UFEP) with an extensive expertise in developing inclusive learning programs, and an easy to read accessibility of information department that is leader in Luxembourg and in Europe. www.apemh.lu



AMPANS (ES) mission is to improve the quality of life of people with intellectual disability, creating and managing centres, services and supporting the criteria of efficiency and effectiveness. It has a strong commitment to serve people with disabilities, AMPANS provides services to over 1,200 people each year. www.ampans.cat



CADIAI (IT) is a social cooperative that for 40 years has been providing the community with the best possible care services and assistance to people with disabilities, both in terms of promoting the well-being as enhancement of the various paths of empowerment and independence promoting. Cadiai, has always tried to create a synergy with families and with the government to assess the best solutions and the most valued answers to the emerging needs.



CREA (IT) is the research centre of San Sebastiano Onlus foundation. It provides resources to improve the health of adult people with intellectual disability. The principal outcome measure is Quality of Life, as individual optimization of the relation between attribution of importance and perception of satisfaction in several areas of life, in a lifelong perspective. www.crea-sansebastiano.org



De Lork (BE) has long lasting demonstrated experience on enabling users to actively participate in the decision making of the organization and leading research in participative methodologies. www.delork.be



FENACERCI is the National Federation of Cooperatives and Social Solidarity is 52 associated members located throughout the country, providing support and services to about 25,000 people with intellectual disabilities and their families, with close to 6000 professionals. FENACERCI advocates for a society characterised by equal opportunities for all. www.fenacerci.pt



Open Group (IT) has a long experience in managing semi residential, social rehabilitation and transition to employment services for people with disabilities. OpenGroup is also specialized in art and web design services involving people with disability. www.opengroup.eu



ARFIE is an EU Umbrella organization with more than 25 years of close collaboration between service providers and training and research centres in the disability field in EU. ARFIE has Members in several EU countries and will lead the Work package "Dissemination and Exploitation of Results" due to his proven expertise in this field as also notable outreach. www.arfie.info



For more information about the project



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